

Useful Phone Numbers

Lincoln Breast Unit: 01522 537662

Boston Breast Unit: 01205 445998

Grantham Breast Unit: 01476 593945
Email: breastteam.grantham@ulh.nhs.uk

Breast Cancer Care
www.breastcancercare.org.uk
Freephone Helpline: 0808 800 6000

Breast Cancer Now
www.breastcancernow.org

References

If you require a full list of references for this leaflet please email patient.information@ulh.nhs.uk

The Trust endeavours to ensure that the information given here is accurate and impartial.



If you require this information in another language, large print, audio (CD or tape) or braille please email the Patient Information team at patient.information@ulh.nhs.uk

After Nipple Reconstruction

Breast Care Services

www.ulh.nhs.uk

This leaflet aims to provide you with advice following your after nipple reconstruction surgery.

Wound Care

You will be discharged from hospital with the dressing on your wound that you currently have.

It is important to regularly observe your wound for signs of infection.

These include:

- Redness around the suture line.
- An increase in pain around the wound site.
- A discharge from the wound particularly if yellow or offensive smelling.

If you notice any of the above or are concerned about your wound please phone your Breast Care Nurse or your GP surgery to arrange an appointment to see your practice nurse for advice.

Follow up

You will be seen in 1 week following your surgery in clinic for a wound check. Please ensure this appointment is given to you before you leave.

There are no stitches to be removed as dissolvable ones have been used.

Your dressings may not be waterproof so please take care when bathing or showering.

Should you notice a change in colour of the nipple, please contact the Breast Care Nurse for advice.

The next step

You may wish to discuss areola tattooing with your surgeon following your nipple reconstruction. Please let the breast clinic staff know your wishes and they can arrange for you to be seen in clinic by a nurse specialist.

This procedure creates a permanently coloured areolar, around your reconstructed nipple.

It is undertaken in the Breast Clinic and takes about one hour.